

Prova 34

Femin., 400m Estilos

Absoluto

20-05-2018 - 18:30

Resultados

Recorde Nacional Absoluto	4:40.11	KAMINSKAYA Victoria	POR	Pontevedra (ESP)	09-04-2017
Recorde Nacional Sen	4:40.11	KAMINSKAYA Victoria	POR	Pontevedra (ESP)	09-04-2017
Recorde Nacional Jun17	4:52.12	KAMINSKAYA Victoria	PIMP	Oeiras	27-07-2012
Recorde Nacional Jun16	4:54.00	ROCHA Ines Neto	SANNP	Gijón (ESP)	20-05-2017
Recorde Nacional Juv A	4:58.08	DURAES Diana Margarida	FOCA	Póvoa de Varzim	05-08-2011
Recorde Nacional Juv B	5:01.00	ROCHA Ines Neto	CAP	Coimbra	24-07-2015
Recorde Nacional Juv B	5:01.00	ROCHA Ines Neto	CAP	Coimbra	24-07-2015
Recorde Nacional Inf A	5:11.29	ROCHA Diana Ramos	EDV	Faro	20-07-2007
Recorde Nacional Inf B	5:14.05	RUIVO Filipa Vilas	DNMG	S. João da Madeira	24-07-2009
Recorde Meeting	4:42.53	KAMINSKAYA Victoria	POR	Coimbra	29-05-2016

TAC : 5:36.60

Pontos: FINA 2018

Lugar	Nome	Ano	Classe	Clube	Tempo Final	TReacPts FINA	Pontos
1.	SOUSA Ana Reis	02		Litoral Alentejano	5:02.86	+0,69	680 16,00
	50m: 32.61 32.61	150m: 1:50.23	40.79	250m: 3:12.52	43.36	350m: 4:30.05	34.45
	100m: 1:09.44 36.83	200m: 2:29.16	38.93	300m: 3:55.60	43.08	400m: 5:02.86	32.81
2.	BELEZA Mafalda Gomes	94		Sporting	5:06.40	+0,72	656 13,00
	50m: 33.00 33.00	150m: 1:50.01	40.65	250m: 3:13.06	43.53	350m: 4:32.40	35.89
	100m: 1:09.36 36.36	200m: 2:29.53	39.52	300m: 3:56.51	43.45	400m: 5:06.40	34.00
3.	BERNARDO Ines Silva	00		Benfica	5:09.81	+0,75	635 11,00
	50m: 32.72 32.72	150m: 1:52.52	41.84	250m: 3:16.86	43.10	350m: 4:35.13	35.50
	100m: 1:10.68 37.96	200m: 2:33.76	41.24	300m: 3:59.63	42.77	400m: 5:09.81	34.68
4.	REBELO Camila Rodrigues	03		Portugal	5:14.39	+0,77	608 10,00
	50m: 32.09 32.09	150m: 1:50.13	40.43	250m: 3:16.97	48.33	350m: 4:41.03	34.87
	100m: 1:09.70 37.61	200m: 2:28.64	38.51	300m: 4:06.16	49.19	400m: 5:14.39	33.36
5.	GONZALEZ MEGIA Patricia	93		Castilla-la-Mancha	5:15.02	+0,73	604 9,00
	50m: 32.87 32.87	150m: 1:51.99	42.01	250m: 3:17.16	43.62	350m: 4:38.01	37.19
	100m: 1:09.98 37.11	200m: 2:33.54	41.55	300m: 4:00.82	43.66	400m: 5:15.02	37.01
6.	RIBEIRO Margarida Messias	98		Geslourses	5:16.12	+0,71	598 8,00
	50m: 33.75 33.75	150m: 1:55.20	42.10	250m: 3:18.81	43.92	350m: 4:39.75	37.54
	100m: 1:13.10 39.35	200m: 2:34.89	39.69	300m: 4:02.21	43.40	400m: 5:16.12	36.37
7.	SILVA Natacha Sofia	02		Benfica	5:18.39	+0,78	585 7,00
	50m: 33.72 33.72	150m: 1:55.42	43.08	250m: 3:22.02	45.20	350m: 4:42.88	37.07
	100m: 1:12.34 38.62	200m: 2:36.82	41.40	300m: 4:05.81	43.79	400m: 5:18.39	35.51
8.	MONTEIRO Margarida Cabral	02		Galitos / Bresimar	5:20.21	+0,73	575 6,00
	50m: 34.01 34.01	150m: 1:55.07	42.03	250m: 3:22.27	45.66	350m: 4:44.55	35.93
	100m: 1:13.04 39.03	200m: 2:36.61	41.54	300m: 4:08.62	46.35	400m: 5:20.21	35.66
9.	MARTINS Francisca Soares	03		Portugal	5:21.66	+0,60	567 5,00
	50m: 32.36 32.36	150m: 1:54.13	43.56	250m: 3:23.65	47.86	350m: 4:47.53	36.38
	100m: 1:10.57 38.21	200m: 2:35.79	41.66	300m: 4:11.15	47.50	400m: 5:21.66	34.13
10.	AMORIM Maria Leonor	03		Porto	5:22.15	+0,77	565 4,00
	50m: 33.13 33.13	150m: 1:54.58	41.04	250m: 3:20.90	46.27	350m: 4:45.86	37.04
	100m: 1:13.54 40.41	200m: 2:34.63	40.05	300m: 4:08.82	47.92	400m: 5:22.15	36.29
11.	MARQUES Maria Alexandra FTL	04		Albicastrense	5:45.20	+0,75	459 -
	50m: 34.43 34.43	150m: 1:58.24	44.53	250m: 3:35.34	53.12	350m: 5:06.68	38.79
	100m: 1:13.71 39.28	200m: 2:42.22	43.98	300m: 4:27.89	52.55	400m: 5:45.20	38.52