

Prova 35	Masc., 400m Estilos				Absoluto
20-05-2018 - 18:35					Resultados
Recorde Nacional Absoluto	4:15.84	SANTOS Alexis Manacas	POR	Rio de Janeiro (BRA)	06-08-2016
Recorde Nacional Sen	4:15.84	SANTOS Alexis Manacas	POR	Rio de Janeiro (BRA)	06-08-2016
Recorde Nacional Jun18	4:22.25	VITAL Joao Alexandre	SCP	Oeiras	22-07-2016
Recorde Nacional Jun17	4:25.23	VITAL Joao Alexandre	POR	Singapore (SIN)	29-08-2015
Recorde Nacional Juv A	4:32.66	VITAL Joao Alexandre	ADRCIMM	Coimbra	01-06-2014
Recorde Nacional Juv B	4:37.06	VITAL Joao Alexandre	POR	Utrecht (NED)	16-07-2013
Recorde Nacional Inf A	4:46.20	FREITAS Tomas Miguel	CDN	Póvoa Varzim	23-07-2004
Recorde Nacional Inf B	4:54.87	RUIVO Andre Vilas	DNMG	S. João da Madeira	12-07-2013
Recorde Meeting	4:20.44	DRYMONAKOS Ioannis	GRE	Coimbra	30-05-2010

TAC : 5:11.85

Pontos: FINA 2018

Lugar	Nome	Ano	Classe	Clube	Tempo Final	TReacPts	FINA	Pontos
1.	SIMOES Rafael Gomes	00		Braga	4:40.58	+0,82	656	16,00
	50m: 28.94 28.94	150m: 1:41.78	38.90	250m: 2:57.73	38.27	350m: 4:08.68	32.75	
	100m: 1:02.88 33.94	200m: 2:19.46	37.68	300m: 3:35.93	38.20	400m: 4:40.58	31.90	
2.	SILVA Tomas Antonio	01		Seleccao da Madeira	4:41.26	+0,65	651	13,00
	50m: 29.31 29.31	150m: 1:41.46	37.41	250m: 2:57.58	38.68	350m: 4:09.33	32.51	
	100m: 1:04.05 34.74	200m: 2:18.90	37.44	300m: 3:36.82	39.24	400m: 4:41.26	31.93	
3.	BASTOS Lucas Pereira	00		Nautico Academico	4:43.35	+0,67	637	11,00
	50m: 28.84 28.84	150m: 1:38.11	36.53	250m: 2:55.47	41.38	350m: 4:11.11	33.49	
	100m: 1:01.58 32.74	200m: 2:14.09	35.98	300m: 3:37.62	42.15	400m: 4:43.35	32.24	
4.	CORREIA Joao Mota	97		Benfica	4:44.13	+0,75	632	10,00
	50m: 29.08 29.08	150m: 1:39.99	37.50	250m: 2:58.50	41.99	350m: 4:13.08	33.64	
	100m: 1:02.49 33.41	200m: 2:16.51	36.52	300m: 3:39.44	40.94	400m: 4:44.13	31.05	
5.	SILVA Paulo Filipe	98		Natacao da Maia	4:51.19	+0,78	587	9,00
	50m: 28.81 28.81	150m: 1:40.51	37.61	250m: 3:00.67	42.40	350m: 4:18.71	34.44	
	100m: 1:02.90 34.09	200m: 2:18.27	37.76	300m: 3:44.27	43.60	400m: 4:51.19	32.48	
6.	JOAQUIM Andre Serro	00		Portinado	4:51.22	+0,70	587	8,00
	50m: 30.19 30.19	150m: 1:42.85	36.83	250m: 3:01.69	41.13	350m: 4:18.90	33.36	
	100m: 1:06.02 35.83	200m: 2:20.56	37.71	300m: 3:45.54	43.85	400m: 4:51.22	32.32	
7.	CRISTINO David Matias	01		Uniao Piedense	4:51.33	+0,71	586	7,00
	50m: 30.25 30.25	150m: 1:44.53	38.84	250m: 3:04.35	43.44	350m: 4:19.61	32.11	
	100m: 1:05.69 35.44	200m: 2:20.91	36.38	300m: 3:47.50	43.15	400m: 4:51.33	31.72	
8.	GASPAR Miguel Caridade	99		Academica de Coimbra	4:52.37	+0,72	580	6,00
	50m: 31.09 31.09	150m: 1:48.16	40.68	250m: 3:05.52	38.04	350m: 4:20.02	35.20	
	100m: 1:07.48 36.39	200m: 2:27.48	39.32	300m: 3:44.82	39.30	400m: 4:52.37	32.35	
9.	HERMOSILLA PERONA Alejandro	01		Castilla-la-Mancha	4:52.44	+0,76	579	5,00
	50m: 29.51 29.51	150m: 1:41.88	37.60	250m: 3:02.86	43.18	350m: 4:21.43	33.61	
	100m: 1:04.28 34.77	200m: 2:19.68	37.80	300m: 3:47.82	44.96	400m: 4:52.44	31.01	
10.	LUZ Filipe Ferreira	98		Geslours	4:54.62	+0,79	566	4,00
	50m: 31.18 31.18	150m: 1:43.99	37.53	250m: 3:04.65	44.16	350m: 4:22.50	33.63	
	100m: 1:06.46 35.28	200m: 2:20.49	36.50	300m: 3:48.87	44.22	400m: 4:54.62	32.12	
11.	RODRIGUES Pedro Simoes	01		Uniao Coimbra	5:04.46	+0,72	513	3,00
	50m: 31.25 31.25	150m: 1:50.32	42.41	250m: 3:09.74	41.20	350m: 4:28.62	37.24	
	100m: 1:07.91 36.66	200m: 2:28.54	38.22	300m: 3:51.38	41.64	400m: 5:04.46	35.84	
12.	RODRIGUES Pedro Reis	02		Sao Roque	5:06.22	+0,72	504	2,00
	50m: 33.13 33.13	150m: 1:52.62	38.78	250m: 3:14.81	44.37	350m: 4:33.47	34.58	
	100m: 1:13.84 40.71	200m: 2:30.44	37.82	300m: 3:58.89	44.08	400m: 5:06.22	32.75	



XI MEETING CIDADE DE COIMBRA
XXX Torneio Internacional da Queima das Fitas
COIMBRA, 19.5.- 20.5.2018



Prova 35, Masc., 400m Estilos, Absoluto

Lugar	Nome	Ano	Classe	Clube	Tempo Final	TReacPts FINA	Pontos	
13.	MATOS Diogo Ribas <i>FTL</i>	02		Alges e Agueda XXI	5:18.12	+0,74	450	
	50m: 31.80	31.80	150m: 1:51.09	40.81	250m: 3:17.87	46.34	350m: 4:41.49	35.55
	100m: 1:10.28	38.48	200m: 2:31.53	40.44	300m: 4:05.94	48.07	400m: 5:18.12	36.63
DNS	TINOCO David Joao	01		Columbofila Cantanhedense				

