



XII MEETING CIDADE DE COIMBRA
XXXI Torneio Internacional da Queima das Fitas
COIMBRA, 24.5.- 25.5.2019



Prova 33

Masc., 400m Livres

Absoluto

25-05-2019 - 18:50

Resultados Final

Recorde Nacional Absoluto	3:51.89	NASCIMENTO Miguel Duarte	POR	Glasgow (GBR)	03-08-2018
Recorde Nacional Sen	3:51.89	NASCIMENTO Miguel Duarte	POR	Glasgow (GBR)	03-08-2018
Recorde Nacional Jun18	3:53.79	LOPES Jose Paulo	SCB	Oeiras	28-07-2018
Recorde Nacional Jun17	3:57.15	SANTA Gustavo Manuel	POR	Helsinki (FIN)	14-07-2010
Recorde Nacional Juv A	3:59.38	SANTA Gustavo Manuel	POR	Tampere (FIN)	21-07-2009
Recorde Nacional Juv B	4:06.22	COSTA Rui Filipe	VSC	Coimbra	29-07-2006
Recorde Nacional Inf A	4:15.99	OLIVEIRA Pedro Fontoura	CFB	Badajoz (ESP)	11-07-2004
Recorde Nacional Inf B	4:28.42	OLIVEIRA Pedro Fontoura	CFB	Restelo	26-07-2003
Recorde Meeting	3:57.46	LOPES Jose Paulo	POR	Coimbra	20-05-2018

TAC : 4:20.37

Pontos: FINA 2019

Lugar	Nome	Ano	Classe	Clube	Tempo Final	TReacPts FINA	Pontos
Final A							
1.	LOPES Tomas Teixeira	02		Foca	3:59.53	+0,70	775 16,00
	50m: 27.20 27.20	150m: 1:26.89	30.09	250m: 2:27.57	30.25	350m: 3:29.20	30.89
	100m: 56.80 29.60	200m: 1:57.32	30.43	300m: 2:58.31	30.74	400m: 3:59.53	30.33
2.	MOGNE Igor Araujo	96		Sporting	3:59.54	+0,76	775 13,00
	50m: 27.93 27.93	150m: 1:28.73	30.43	250m: 2:29.45	30.21	350m: 3:30.62	30.68
	100m: 58.30 30.37	200m: 1:59.24	30.51	300m: 2:59.94	30.49	400m: 3:59.54	28.92
3.	CHACON MATEOS FRANCISCO Javie99			C.N. Alcala	3:59.98	+0,74	771 11,00
	50m: 28.33 28.33	150m: 1:29.41	30.71	250m: 2:30.21	30.32	350m: 3:31.32	30.20
	100m: 58.70 30.37	200m: 1:59.89	30.48	300m: 3:01.12	30.91	400m: 3:59.98	28.66
4.	VELOSO Tomas Miguel	96		Nautico Academico	4:00.15	+0,65	769 10,00
	50m: 28.26 28.26	150m: 1:29.53	30.79	250m: 2:30.89	30.36	350m: 3:31.47	30.03
	100m: 58.74 30.48	200m: 2:00.53	31.00	300m: 3:01.44	30.55	400m: 4:00.15	28.68
5.	CORDERO JIMENA Pablo	00		Andalucia	4:06.14	+0,79	714 9,00
	50m: 28.15 28.15	150m: 1:29.81	30.99	250m: 2:32.35	31.50	350m: 3:35.76	31.39
	100m: 58.82 30.67	200m: 2:00.85	31.04	300m: 3:04.37	32.02	400m: 4:06.14	30.38
6.	COSTA Tiago Cunha	99		Sporting	4:06.82	+0,67	708 8,00
	50m: 27.69 27.69	150m: 1:28.84	30.71	250m: 2:31.67	31.45	350m: 3:35.43	31.86
	100m: 58.13 30.44	200m: 2:00.22	31.38	300m: 3:03.57	31.90	400m: 4:06.82	31.39
7.	PINA Guilherme Filipe	98		Sporting	4:09.52	+0,73	686 7,00
	50m: 28.88 28.88	150m: 1:30.75	31.19	250m: 2:33.87	31.70	350m: 3:37.72	32.16
	100m: 59.56 30.68	200m: 2:02.17	31.42	300m: 3:05.56	31.69	400m: 4:09.52	31.80
8.	BASTOS Lucas Pereira	00		Nautico Academico	4:12.88	+0,71	659 6,00
	50m: 28.27 28.27	150m: 1:30.16	31.23	250m: 2:34.35	31.86	350m: 3:40.12	32.90
	100m: 58.93 30.66	200m: 2:02.49	32.33	300m: 3:07.22	32.87	400m: 4:12.88	32.76
9.	JORGE Duarte Miguel	01		Galitos / Bresimar	4:13.49	+0,73	654 5,00
	50m: 28.45 28.45	150m: 1:31.49	31.70	250m: 2:35.78	32.41	350m: 3:41.52	33.50
	100m: 59.79 31.34	200m: 2:03.37	31.88	300m: 3:08.02	32.24	400m: 4:13.49	31.97
10.	BARROS Bruno Rey	01		Sporting	4:21.55	+0,72	595 -
	<i>FTL</i>						
	50m: 28.54 28.54	150m: 1:33.06	32.54	250m: 2:40.42	33.40	350m: 3:48.21	33.59
	100m: 1:00.52 31.98	200m: 2:07.02	33.96	300m: 3:14.62	34.20	400m: 4:21.55	33.34
Final B							
11.	VAKULYUK Paulo	03		Portugal	4:13.97	+0,76	650 3,00
	50m: 29.16 29.16	150m: 1:33.24	31.90	250m: 2:38.94	32.78	350m: 3:44.56	32.77
	100m: 1:01.34 32.18	200m: 2:06.16	32.92	300m: 3:11.79	32.85	400m: 4:13.97	29.41



Prova 33, Masc., 400m Livres, Final, Absoluto

Lugar	Nome	Ano	Classe	Clube	Tempo Final	TReacPts	FINA	Pontos
12.	NUNES Francisco Costa	02		Salvaterra de Magos	4:14.00	+0,75	650	2,00
	50m: 29.17 29.17	150m: 1:32.10	31.61	250m: 2:36.11	31.94	350m: 3:41.69	32.69	
	100m: 1:00.49 31.32	200m: 2:04.17	32.07	300m: 3:09.00	32.89	400m: 4:14.00	32.31	
13.	SILVA Henrique Gomes	02		Estamos Juntos	4:17.43	+0,72	624	1,00
	50m: 29.62 29.62	150m: 1:34.66	32.74	250m: 2:40.66	33.15	350m: 3:46.19	32.78	
	100m: 1:01.92 32.30	200m: 2:07.51	32.85	300m: 3:13.41	32.75	400m: 4:17.43	31.24	
14.	QUINTAS Francisco Robalo	95		Belenenses	4:18.50	+0,65	617	-
	50m: 28.80 28.80	150m: 1:33.29	32.72	250m: 2:39.47	33.46	350m: 3:46.68	33.57	
	100m: 1:00.57 31.77	200m: 2:06.01	32.72	300m: 3:13.11	33.64	400m: 4:18.50	31.82	
15.	DINIS Tiago Moises	98		Nautico Academico	4:19.13	+0,73	612	-
	50m: 29.87 29.87	150m: 1:34.95	32.49	250m: 2:40.97	32.92	350m: 3:47.53	33.25	
	100m: 1:02.46 32.59	200m: 2:08.05	33.10	300m: 3:14.28	33.31	400m: 4:19.13	31.60	
16.	JACINTO Rafael Rodrigues	02		Belenenses	4:19.68	+0,75	608	-
	50m: 29.05 29.05	150m: 1:34.50	33.05	250m: 2:41.89	33.74	350m: 3:48.52	33.09	
	100m: 1:01.45 32.40	200m: 2:08.15	33.65	300m: 3:15.43	33.54	400m: 4:19.68	31.16	
17.	MACHADO Martim Miranda	03		Portugal	4:19.92	+0,73	606	-
	50m: 29.62 29.62	150m: 1:35.14	32.96	250m: 2:41.42	33.09	350m: 3:48.10	33.43	
	100m: 1:02.18 32.56	200m: 2:08.33	33.19	300m: 3:14.67	33.25	400m: 4:19.92	31.82	
18.	FROTA Paulo Andre FTL	02		Condeixa Clube	4:20.90	+0,68	600	-
	50m: 30.45 30.45	150m: 1:36.03	33.01	250m: 2:42.20	32.93	350m: 3:49.26	33.88	
	100m: 1:03.02 32.57	200m: 2:09.27	33.24	300m: 3:15.38	33.18	400m: 4:20.90	31.64	
19.	RIBEIRO Diogo Matos FTL	04		Portugal	4:23.88	+0,69	580	-
	50m: 29.15 29.15	150m: 1:35.14	33.54	250m: 2:42.19	33.70	350m: 3:49.96	34.01	
	100m: 1:01.60 32.45	200m: 2:08.49	33.35	300m: 3:15.95	33.76	400m: 4:23.88	33.92	
20.	DEUS Andre Portugal FTL	02		Seleccao da Madeira	4:25.92	+0,63	566	-
	50m: 29.64 29.64	150m: 1:35.94	33.19	250m: 2:44.04	33.93	350m: 3:52.65	33.90	
	100m: 1:02.75 33.11	200m: 2:10.11	34.17	300m: 3:18.75	34.71	400m: 4:25.92	33.27	